



## Area 15 /16 Regional International tetrathlon

Programme of events:

### Friday August 5<sup>th</sup>

1PM @ PONTISPOOL MARQUEE - TA4 1BH

Welcome briefing – Nibbles and drinks,

Team trainers and for any persons interested to collect information for the event

@ TAUNTON SCHOOL - TA2 6AD

3.30pm - Shoot

4.00pm - Swim

Swim region team relay

### Saturday August 6<sup>th</sup>

@ PONTISPOOL - TA4 1BH

9.30am start - XC ride phase

8pm - Barn dance followed by dancing to First Edition & disco till 12pm

Tickets £5 each or family £20

### Sunday August 7<sup>th</sup>

@ PONTISPOOL - TA4 1BH

9.30 - International SJ competition - spectators welcome

12pm - Run Phase

3pm - Prize Giving